

| ESCALA DE PLANTAO MENSAL - SEOHP  |            |          |         |         |          |                  |          |
|-----------------------------------|------------|----------|---------|---------|----------|------------------|----------|
|                                   |            |          |         |         |          | jan/24 Ano: 2024 |          |
| Nome da Unidade Hospitalar: HINSG |            |          |         |         |          |                  |          |
| HOSPITAL-DIA                      |            |          |         |         |          |                  |          |
|                                   |            |          |         |         |          |                  |          |
| SEMANA                            | SEGUNDA    | TERÇA    | QUARTA  | QUINTA  | SEXTA    | SABADO           | DOMINGO  |
| HORAIDIA                          | 1          | 2        | 3       | 4       | 5        | 6                | 7        |
| 7h as 13h                         | Camila     | Lorena   | Daniela | Ana K.  | Camila   | Thais M          | Thais M  |
| 13h as 19h                        |            | Rita     | Camila  | Camila  | Daniela  |                  |          |
| HORAIDIA                          | 8          | 9        | 10      | 11      | 12       | 13               | 14       |
| 7h as 13h                         | Thais M.   | Lorena   | Daniela | Ana K.  | Camila   | Thais M          | Thais M  |
| 13h as 19h                        | Claudia H. | Rita     | Camila  | Camila  | Daniela  |                  |          |
| HORAIDIA                          | 15         | 16       | 17      | 18      | 19       | 20               | 21       |
| 7h as 13h                         | Lorena     | Lorena   | Daniela | Joana   | Camila   | Daniela          | Daniela  |
| 13h as 19h                        | Claudia H. | Rita     | Camila  | Camila  | Daniela  |                  |          |
| HORAIDIA                          | 22         | 23       | 24      | 25      | 26       | 27               | 28       |
| 7h as 13h                         | Thais V.   | Lorena   | Daniela | Joana   | Camila   | Camila           | Camila   |
| 13h as 19h                        | Claudia H. | Rita     | Camila  | Camila  | Daniela  |                  |          |
| HORAIDIA                          | 29         | 30       | 31      |         |          |                  |          |
| 7h as 13h                         | Lorena     | Lorena   | Daniela |         |          |                  |          |
| 13h as 19h                        | Claudia H. | Rita     | Camila  |         |          |                  |          |
| SOBREAVISO A DISTANCIA            |            |          |         |         |          |                  |          |
|                                   |            |          |         |         |          |                  |          |
| SEMANA                            | SEGUNDA    | TERÇA    | QUARTA  | QUINTA  | SEXTA    | SABADO           | DOMINGO  |
| HORAIDIA                          | 1          | 2        | 3       | 4       | 5        | 6                | 7        |
| 19-7 h                            | Ana K.     | Ana K.   | Ana K.  | Ana K.  | Daniela  | Daniela          | Daniela  |
| 13-7 h                            | Wesley     | Aminadab | Wesley  | Luciana | Aminadab | Aminadab         | Aminadab |
| HORAIDIA                          | 8          | 9        | 10      | 11      | 12       | 13               | 14       |
| 19-7 h                            | Daniela    | Daniela  | Daniela | Daniela | Camila   | Camila           | Camila   |
| 13-7 h                            | Prisces    | Aminadab | Wesley  | Luciana | Lara     | Lara             | Lara     |
| HORAIDIA                          | 15         | 16       | 17      | 18      | 19       | 20               | 21       |
| 19-7 h                            | Camila     | Camila   | Camila  | Camila  | Camila   | Camila           | Camila   |
| 13-7 h                            | Lara       | Aminadab | Wesley  | Prisces | Wesley   | Wesley           | Wesley   |
| HORAIDIA                          | 22         | 23       | 24      | 25      | 26       | 27               | 28       |
| 19-7 h                            | Camila     | Camila   | Camila  | Camila  | Ana K.   | Ana K.           | Ana K.   |
| 13-7 h                            | Wesley     | Aminadab | Wesley  | Luciana | Prisces  | Prisces          | Prisces  |
| HORAIDIA                          | 29         | 30       | 31      |         |          |                  |          |
| 19-7 h                            | Ana K.     | Ana K.   | Ana K.  |         |          |                  |          |
| 13-7 h                            | Prisces    | Aminadab | Wesley  |         |          |                  |          |